

FACULTY AGENDA ITEM NO. 12-16

Date: *September 26, 2012*

Submitted by: *Roy Wohl, ext. 1968*

SUBJECT: CHANGE IN COURSES REQUIRED FOR MINOR IN FITNESS

Description:

Minor in Fitness (20 credits)

KN 257 Prevention and Care of Athletic Injuries (3)

KN 300 Psychology of Sport and Physical Activity
(3) OR

KN 318 Exercise Psychology (3)

KN 308 Nutrition for Sports and Fitness (3)

KN 321 Anatomical Kinesiology (3)

KN 326 Physiology of Exercise (3)

KN 400 Planning and Leading Exercise (2)

KN 410 Fitness Testing and Exercise Prescription (3)

Plus: CPR Certification must be current at time of graduation

Rationale:

Changing courses required for a minor in fitness, based upon content knowledge and competencies expected for entry level fitness certifications through the American Council on Exercise, American College of Sports Medicine, and the National Strength and Conditioning Association.

Financial Implications: No Additional costs

Proposed Effective Date: *Fall 2013*

Request for Action: *Approval by AAC/FAC/FS/ Gen Fac, etc*

Approved by: *AAC on date*

FAC on date

Faculty Senate on date

Attachments Yes No